

# You Should Know



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## INTRODUCTION

The T-shirt read, “Don’t follow me, I’m lost.” Ever feel this way? This one line says a great deal about how so many young people feel about their lives. They lack purpose and direction and discover the hard way that popular culture and worldly values are empty and void of real happiness.


Knowledge is necessary in every aspect of our lives whether it involves subjects at school, extra-curricular activities such as sports, band, theater, etc. There are principles and truths that must be learned and applied or the pursuit becomes a disappointing experience and a dead-end street.

It’s that way when it comes to knowing God! He has chosen to reveal His mind, will, love and ways for our benefit. Read 2 Timothy 3:16-17. Jesus claims that He is the way to the Father (Read John 14:6) and He is the true source of lasting knowledge, peace and true happiness. He offers us the correct view of the world. By understanding who He is and by our focusing on Him ...

- We will realize who we really are!
- We will understand our true identity as a person who is valuable and of great worth to the Lord!
- We will understand why we are here on this earth leading us to experience our real purpose for living and giving us genuine meaning to our lives!
- We will come to know where it is we are supposed to be going in this life that will determine where we spend eternity when this life ends!

This study looks at some things each of us needs to know. They are fascinating, challenging, informative and faith-building. They will encourage you and help you live right in a wicked world. Who better than the Creator of this world to show you how to acquire the proper view of this world and enable you to build your life on a solid biblical foundation? You will learn ...

- That you’re really worth something!
- About being the real you and not someone pretending to be someone else!
- That everybody is serving somebody!
- That the word “NO” is really not so hard to say!
- That you are really never alone with God on your side!



You will be better equipped, better prepared in your mind, heart and soul with a strong character to resist the pressures to do evil and to live a life that is truly happy, that will influence others to enjoy that same true happiness and help them get to Heaven when they follow you ... if you're not lost!

Bill Fairchild, Jr.

## Lesson 1 YOU'RE REALLY WORTH SOMETHING!

Text: *"I will praise the Lord for I am fearfully and wonderfully made."* Psalm 139:14

### INTRODUCTION

1. Charlie Brown, of "Peanuts" comic strip fame is known as a classic loser.
  - a. He pitches for the baseball team that never wins. When he represents his school in the spelling contest, everyone already knows how it is going to turn out ... because Charlie Brown is a loveable loser!
  - b. It is no better for Charlie Brown with people either. He keeps trying to earn their respect and admiration, but always comes up empty.
  
2. Questions:
  - a. Have you ever felt like Charlie Brown?
  - b. Have you ever felt like you were always just a loser?
  - c. What is your opinion of you? (Be honest!)
  
3. What happens to all the Charlie Browns in the world who seem to always come in last, or at least never first?
  - a. Too many young people grow up feeling inferior and unimportant! Define these two words.  
Inferior \_\_\_\_\_  
Unimportant \_\_\_\_\_
  - b. What most feel about themselves is largely determined by what others think about them. If people around them consider them to be losers, they grow up believing it!
  
4. The problem with too many is that they are using the wrong yardsticks ... physical beauty, natural talent, and public opinion ... to determine their value or worth. Why are these wrong yardsticks? 2 Corinthians 10:12 \_\_\_\_\_  
\_\_\_\_\_
  
5. Well, we've got some good news for you! God doesn't feel that way at all!
  - a. Have you ever just wondered what God thinks about you?
  - b. What does He see in you that He likes?
  - c. What does He see in you that He dislikes?

- d. Shouldn't we be concerned about what God thinks?
  - e. Read and discuss Ecclesiastes 12:13.
6. God made you and me ... people ... the highest form of His creation and God wants each of us to feel important! He wants us to feel very special because we are!
- a. Read and discuss Psalm 8:3-9.
7. Questions:
- a. Do you really feel important?
  - b. Do you feel important to yourself?
  - c. Do you feel important to God?
  - d. Do you feel important to others?
  - e. Do you feel important to the church?
8. Let's look at some very important things that we all need to know in understanding why we're really worth something.

## DISCUSSION

### WHY YOU'RE REALLY WORTH SOMETHING!

#### You're Somebody Because God Made You!

1. Read and discuss Psalm 139:13-16 and Ecclesiastes 3:11.
2. Questions:
- a. What do these two passages tell you about you? \_\_\_\_\_  
\_\_\_\_\_
  - b. Can't each of us say the things David said in Psalm 139? \_\_\_\_\_
  - c. Why did David thank God for the way he was made? \_\_\_\_\_
  - d. Have you thanked God for making you just the way you are? \_\_\_\_\_
3. We have all been made "in the image of God". Genesis 1:26.
- a. What does this really mean? Discuss.  
\_\_\_\_\_

4. You're really worth something because God doesn't play games with anyone's self-worth!
  - a. He gave us our self-esteem in the first place when He made us!

#### You're Somebody Because Christ Died For You!

1. The word "redeemed" means "to rescue".
2. Questions:
  - a. How did Jesus rescue those of us who are Christians? \_\_\_\_\_  
Read and discuss I Corinthians 6:20 and Romans 14:9. \_\_\_\_\_  
\_\_\_\_\_
  - b. Did Jesus come to this earth and die for you?  
Yes He did! Discuss.
3. Another definition for redeem is "to recover ownership by paying a specified sum" or "to ransom".
  - a. If a group of terrorists kidnapped your best friend or one of your family members, how much would you pay as a ransom to get them back? \_\_\_\_\_
  - b. What ransom did Jesus pay for you? \_\_\_\_\_
  - c. Please read Matthew 27:27-31 and discuss.
4. If you decided to give your life ... to die ... to save the life of someone, would that make them worth something to you? \_\_\_\_\_
5. If Jesus was willing to die on the cross in your place, doesn't that make you worth something? Discuss. \_\_\_\_\_
6. Read Romans 5:6-8. You see, you really are worth something, or Jesus Christ wouldn't have done what He did!

#### You're Somebody Because God Wants to See You in Heaven!

1. How do we know God wants to see us in Heaven? Discuss
  - a. Now read John 14:1-6.

2. Jesus tells us in Matthew 7:13-14 that all of us are traveling down one of two roads that lead to a certain destination.
  - a. What are the two roads? \_\_\_\_\_
  - b. Where do they lead? \_\_\_\_\_
  
3. You are really worth something because God has provided you and me with a guide, a roadmap that shows us just exactly how to get to heaven!
  - a. What good is a map if you don't use it? Discuss \_\_\_\_\_
  
4. God loves us so much He has prepared a place for us called Heaven and He has drawn out the way to get there.
  - a. If that doesn't make us worth something, something special, then what does?

#### YOU ARE IMPORTANT!

1. You are important to God ...
  - a. He loves you (John 3:16)
  - b. He cares for you (1 Peter 5:7)
  - c. He will always be with you (Matthew 28:20).
  
2. You are important to your parents ...
  - a. You are their child (Psalm 127:3-4).
  
3. You are important to the church ...
  - a. Regardless of your age or experience, you can participate and support the church in many ways.
  - b. Read and discuss 1 Corinthians 12:20-26.
  - c. Read and discuss Ephesians 4:16
  
4. You are important to the world ...
  - a. The world can see Christ living in you. Read and discuss Philippians 2:15-16.
  - b. The world can see what goodness, righteousness, forgiveness, peace, true happiness are through your influence as salt and light.



## CONCLUSION

1. Paul wrote in Philippians 1:21, *“For me to live is Christ ...”*
  - a. The athlete who says, “For me to live is sports” may excel at sports but that does not last, even if one becomes a professional athlete.
  - b. The student who says, “For me to live is the honor roll” may have no time to study the Bible.
  - c. The person who says, “For me to live is money and success” may become wealthy, but that does not last.
  - d. The person who abuses their body and mind with drugs and alcohol says, “For me to live is to get high and not have to worry about anything or anyone” but that destroys them.
  - e. Nothing wrong with being a good athlete or good student or successful in business as long as God comes first!
  
2. What do YOU say? “For me to live is \_\_\_\_\_.”
  
3. Developing a good healthy self-image involves deciding who is important to you and who is going to shape your image of yourself.
  - a. If you let the world around you do it, you will always come out a loser! And so disappointed!
  
4. The God who made this world loves you ... warts and all ... with a constant love! James 1:17.
  
5. Therefore, should what other people think of you be all that important? \_\_\_\_\_
  
6. If God is really first in your life ... the opinions of others will never ruin your self-image!
  - a. Read and discuss Psalm 73:23-26.

You're really worth something!

## Lesson 2 THE REAL YOU!

Text: *"Wherefore laying aside all malice, and all guile, and hypocrisies, and envies, and all evil speakings, As newborn babes, desire the sincere milk of the word that ye may grow thereby:"*  
1 Peter 2:1,2.

### INTRODUCTION

1. Have you ever thought about how it would feel to be a "double agent"?
  - a. Maybe we should discuss what a double agent is. Define and discuss.  
\_\_\_\_\_
  - b. What would be some of the things a double agent would have to worry about?  
\_\_\_\_\_
  - c. Imagine having to report to one side and then to the other side.
  - d. What if you forgot and said the wrong thing!
2. Being a double agent could be fun. You could play both sides against each other and try to collect money from both sides.
  - a. It looks great in the movies and on TV.
  - b. In real life though, it's the pits! It is extremely dangerous and could cost you your life!
3. Questions:
  - a. Are you, in real life, who you say you are?
  - b. Do you really love God or are you just pretending to love Him?
  - c. Do you really enjoy worshipping God or are you faking it?
  - d. Do you really study your Bible and pray to God as much as you say you do, or are you kidding someone, maybe even yourself?
4. Are you being yourself right now, or are you trying to impress someone?
5. For too many people, life is one big act! They pretend to be something they aren't!
6. Read Psalm 139:1-4.
  - a. God sees and judges us exactly for what we are! He isn't impressed with any 'holiness' act!
  - b. How come? Discuss. \_\_\_\_\_

- c. Just how much does God really know about us? \_\_\_\_\_
- d. Does He really know where we go and what we do all of the time? \_\_\_\_\_
- e. Does this fact bother you? Why or why not? \_\_\_\_\_

7. Let's look at some things we all need to know when it comes to the subject of "the real you."

## DISCUSSION

### PRETENDING

1. We've all played this game, haven't we?
2. Is there anything wrong with pretending?
  - a. No ... not when we and others realize we're only playing!
  - b. Yes ... when we are really pretending to be what we know we're not in real life!
3. The Lone Ranger was one of my heroes. But you know what ... because he always wore a mask you never knew who he really was!
  - a. And that's the way it is in life with so many people young and old!
4. Read Matthew 6:1.
  - a. What does this verse mean? \_\_\_\_\_
5. Now read Matthew 6:2-7 and discuss.
  - a. Why did Jesus need to warn His disciples and us about these things?  
\_\_\_\_\_
  - b. What problems do we have when we want others to see or hear about our good deeds?  
\_\_\_\_\_
6. Do you know what a chameleon is? It's a lizard that can change its color to match its surroundings. I know some people (both young and old) who are just like that. Do you? \_\_\_\_\_
  - a. Are you one of them?
  - b. These kinds of people fit into worship services, family picnics, Bible studies, and also into wild parties and other activities that dishonor God.
  - c. What do you think about someone who does this? \_\_\_\_\_

d. Are they really being honest? \_\_\_\_\_

7. Jesus doesn't call these kinds of people chameleons. He calls them hypocrites! Read the following passages: Matthew 6:16; 7:5; 15:7-9.

a. Now what is a hypocrite? Define and discuss. \_\_\_\_\_

b. Do you like to see an adult who is a hypocrite? \_\_\_\_\_

c. Is a teenager or young person who is a hypocrite any better than the adult hypocrite? \_\_\_\_\_

8. What does Jesus say will happen to a hypocrite?

a. Read Matthew 24:51. \_\_\_\_\_

b. Do you think on the Day of Judgment someone could try and tell the Lord 'they were just playing, or pretending'?

c. Will the Lord go ahead and let them enter into heaven? Discuss.

d. Read Matthew 7:21-23.

9. It sounds like we had better get serious, doesn't it!

## BE YOURSELF!

1. No one can be someone else! But you can be a phony all your life if you want to be!

2. How can I know who I am or what I am really?

a. Read James 1:25. This is how we can know. Discuss. \_\_\_\_\_

3. Trying to fool yourself is the most dangerous dodge of all. Why?

a. Because a person tries to be what he/she thinks he is!

b. Read and discuss 2 Corinthians 13:5.

c. How can I examine myself? \_\_\_\_\_

d. How can I prove my own self? \_\_\_\_\_

4. Read Romans 12:3. You need to get rid of all the fuzzy ideas about yourself. You need to be honest!

5. Read Romans 12:17. You need to toss away all of the false fronts, the pretending.

6. Read Ephesians 4:15. You need to become more like Jesus in every way!

### NOBODY IS IN YOUR WAY BUT YOU!

1. What it all comes down to is this:

- a. If you really want to serve God, you can!
- b. If you really want to live right, you can!
- c. If you really want to go to heaven, you can!

2. It's your life and God has given you the ability to choose! Discuss.

3. Read Romans 8:35-39

- a. What does all this mean? Discuss. Put it into your own words. \_\_\_\_\_  
\_\_\_\_\_
- b. It means the only one who can you from serving God and going to Heaven is you!

### CONCLUSION


1. Is this the real you ...

- a. You want to go places a Christian should never want to go!
- b. You want to do things a Christian should never want to do!
- c. You want to talk and dress like a Christian should never want to talk or dress!

2. Or is this the real you ...

- a. You want to always live a pure and holy life before God and men!
- b. You want to glorify God!
- c. You want to worship Him!
- d. You want to study His word!
- e. You want to go to heaven!
- f. You want to help others get to heaven!

3. Will the real you please stand up!



4. May the Lord help each of us to be on His side ... not against Him, on the side of the world!

You can't be both of these people and serve God!

## Lesson 3 EVERYBODY SERVES SOMEBODY!

Text: *“No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one and despise the other. Ye cannot serve God and mammon.”*

Matthew 6:24.

### INTRODUCTION

1. Jesus taught that a person just can't serve God and money at the same time!
  - a. Yet many people try! Why? Discuss.
  - b. For the same reason, others try to serve God and the world at the same time.
  
2. Is it okay to serve God most of the time, but every once and a while act like the world acts and have a good time? Discuss.
  - a. What is a good time according to the world? Discuss.
  - b. What is a good time according to God?
  - c. Read and discuss the following passages: John 13:17; James 1:25; and 1 Peter 3:10,11.
  
3. The problem with trying to serve God and trying to be like the world is you end up having two sets of values. You end up having two masters! The result is confusion.
  
4. Imagine the following:
  - a. You have two band instructors. One tells you to play an instrument one way. The other instructor tells you to play the same instrument another way.
  - b. Which way do you play?
  - c. You have two coaches. One tells you to play a certain position one way. The other coach tells you to play the same position another way.
  - d. Which way do you play?
  - e. What if both instructors, or both coaches, were there at the same time? Discuss.
  
5. The Bible puts it this way ... read Matthew 6:24.
  
6. If you have two sets of values in life, one of them will eventually win out.
  - a. If you have two masters in life, one of them will eventually win out. Why?

b. Because a person's mind just can't handle the stress, the pressure of being good one day with one group of friends, and doing things against God's Word on other days with another set of friends.

7. So ... what we must all come to know is that God has made us in such a way that we either walk with Him or away from Him.

a. What does it mean to walk with God? Read and discuss Hebrews 11:5 and 1 John 1:7.

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b. What does it mean to walk away from God? Read and discuss Matthew 19:16-22.

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c. Why did the rich young ruler walk away? Discuss

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d. For what other reasons could people walk away from the Lord? \_\_\_\_\_

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8. Let's look at some things we all need to know about "Everybody Serves Somebody."

## DISCUSSION

### WHO OWNS YOU?

1. Everybody has to make this choice! Everyone has to answer this question! Why?

a. Because everybody will one day answer for their lives. Romans 14:12.

b. What does it mean that we will have to answer for our lives? \_\_\_\_\_

c. Do you ever think about the Judgment?

d. What is it that you think about when you consider the Day of Judgment?

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2. Now, according to Jesus we belong to one of two masters ... God or the world!

Let's take a closer look ...

### THE WORLD ISN'T A GOOD MASTER.

1. Before a person obeys God, they have the world as their master.



2. Read Ephesians 2:1-3, 12.

a. How were the Ephesians before they made the choice to serve God?

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b. Now read Ephesians 2:4-10 and compare.

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3. The person who chooses not to serve God will never really be happy. Read Isaiah 57:20-21.

a. Who are the wicked? \_\_\_\_\_

b. Why will they be so miserable? \_\_\_\_\_

c. Do you want to be this way? \_\_\_\_\_

d. How can you avoid being miserable? \_\_\_\_\_

e. Read and discuss the meaning of Psalm 1:1, 2.

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4. No, the world doesn't look like a very good master to me ... how about to you?

a. Why then, do so many want the world for a master?

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b. Does Hebrews 11:25 have anything to do with it? Discuss.

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5. As Paul writes in Philippians 4:10, we can see this is so.

a. What does this passage of scripture mean?

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6. As our Master, He promises ...

a. Peace. Philippians 4:6-7.

b. Forgiveness. Romans 6:16-18

c. Hope. Hebrews 6:9

d. And all other spiritual blessings. Ephesians 1:3

7. Peace ... what is it? Define it.

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a. One artist pictured it this way: A little bird content in a nest ... on the end of an oak branch ... sticking out over the roaring Niagara Falls.

- b. That's what I want ... real peace ... the kind that can come only from the Lord!
- c. How about you?

8. Read Psalm 23. Now, isn't this the kind of Master you want to serve?

### THE COST OF SERVING

1. Everything costs something, including serving itself!

2. If you choose to serve the world, what will it cost you?

- a. Read Matthew 16:24-26.
- b. Very simply, it will cost you your soul!
- c. Read James 4:4.
- d. What does this passage mean?

\_\_\_\_\_

3. But, can I wait till I'm older and out of school before I start serving the Lord?"


- a. Have you ever heard some other young person ask this question, or asked it yourself?
- b. What's wrong with asking this kind of question? Discuss. \_\_\_\_\_
- c. How do you know you'll live that long? James 4:13.

4. If you choose to serve the Lord, it will cost you, YOU!

- a. You must give up yourself and live for the Lord.

5. Read Romans 12-1, 2.

- a. What does this passage mean? Discuss. \_\_\_\_\_  
\_\_\_\_\_
- b. How do we offer our bodies? \_\_\_\_\_  
\_\_\_\_\_
- c. What kind of a living sacrifice are you? \_\_\_\_\_
- d. What does it mean to "be not conformed to this world"? \_\_\_\_\_
- e. Have you ever caught yourself doing something that you just shouldn't be doing or not doing something you should?
- f. How did you feel? \_\_\_\_\_

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6. If you will “*renew your mind*,” if you will “*think about good things*” (Philippians 4:8, 9) your actions will change as well.
    - a. So, get your head on straight! Starting thinking about serving the Lord!

## **CONCLUSION**

1. Who tells you what to do? Is it the world? Is it the Lord?
2. Joshua urged the Israelites a long time ago to make a decision that he had already made. Read and discuss Joshua 24:15.
3. You must make your own choice as well!
4. Will you be a servant of sin or a servant of Christ?
5. Who will you choose to serve today and every day of your life?

Everybody serves somebody!

## Lesson 4 IT'S NOT SO HARD TO SAY!

Text: "Submit yourselves therefor to God. Resist the devil, and he will flee from you." James 4:7

### INTRODUCTION

1. Temptations!
  - a. What are they? \_\_\_\_\_
  - b. Where do they come from? \_\_\_\_\_
  - c. Where do they lead? \_\_\_\_\_
2. One thing is for sure, they don't come from God! Read and discuss James 1:13-16.
3. How do you respond to temptations? Do you make excuses like the following:
  - a. "Whenever I'm around my friends, they use bad language, so then I start using it too."
  - b. "If I really acted like a Christian at school, I wouldn't have any friends."
4. NO is not so hard to say when you can learn to get your priorities where they need to be!
  - a. What are your priorities?
  - b. How can we know what the right order for them really is?
  - c. Read and discuss Matthew 6:33 and 2 Timothy 3:16, 17.
  - d. Don't these passages give us confidence that we can always know that we're making the right choice? Discuss.
5. Let's look at some things we all need to know about saying "NO!"

### DISCUSSION

ONE WHO DID... JOSEPH (Genesis 39:6-12)

1. If anyone could have used excuses for yielding to temptation, it was Joseph.
  - a. He was far away from home, with no one around who knew him.
  - b. Would you have done as Joseph did? (Think before you give your answer.)
  - c. He was a slave, bound to do whatever his owner wanted him to do.
  - d. Can you think of any other excuses Joseph could have used? Discuss.

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2. Why didn't Joseph use any of these excuses?
  
3. First, he based his actions on God's word, rather than on the opinions and views of other people!
  - a. Read 1 Corinthians 6:19.
  - b. What does this passage mean? \_\_\_\_\_
  - c. The Biblical argument against illicit sex is not the possibility of pregnancy or a sexually transmitted disease ... it is because God forbids it outside of marriage!
  - d. Read Hebrews 13:4.
  - e. Don't ever judge God's commandments through the eyes of logic, tradition or majority opinion. Discuss this point.
  - f. Use God's Word to truly guide your life. Psalm 119:105.
  
4. Second, Joseph could resist temptation because he took a strong stand against it from the beginning!
  - a. You see, he refused to give in to what he knew was wrong!
  - b. Why do we have so much trouble with this principle? \_\_\_\_\_
  - c. Once we have said NO to sin, it is easier to say NO the next time.
  - d. If Joseph had allowed his mind to dwell on evil thoughts, he could easily have fallen prey to sin!
  - e. Instead, he chose to fill his mind with God's commandments. Read and discuss Psalm 119:97 and Philippians 4:8, 9.
  
5. Third, Joseph could say NO because he chose to be popular with God ... no matter what the price!
  - a. Temptation isn't so hard to resist if you really want to obey God, is it?
  - b. What do you think? \_\_\_\_\_
  
6. Fourth, He could say NO because he was willing to run from temptation!
  - a. You must do the same. Read 1 Thessalonians 5:22; 2 Timothy 2:22; and James 4:7. Discuss these passages and their meaning.
  - b. Stay miles away from the party that will tempt you to dance!
  - c. Stay away from those friends who can influence you to sin in any way. 1 Corinthians 15:33.
  - d. Stay away from those places where drugs and alcohol are available!

7. Just remember, saying NO is the road few travel on, but it's the way that will lead to Heaven!

### HOW TO SAY NO NICELY

1. Can you say NO ...
  - a. Without being a jerk? \_\_\_\_\_
  - b. Without being 'holier-than-thou'? \_\_\_\_\_
  
2. Here are a few suggestions:
  - a. Decide ahead of time what you will and will not do! Luke 21:14.
  - b. Be friendly, yet firm!
  - c. Decide ahead of time what you are going to say, before you're tempted.
  - d. Be honest!
  - e. Speak for others when they won't speak for themselves! In other words, be strong and have the courage to say or do what others can't say or do. Be a leader, not a follower!
  - f. Speak for yourself!
  
3. Can you think of any other suggestions along these lines? Discuss.

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### WHAT YOU MUST SAY NO TO

1. The writer of Hebrews 12:1 tells us to "throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out before us."
  - a. Is it easy to get entangled by unbelief? \_\_\_\_\_
  - b. Read what Paul wrote to the Galatian church in Galatians 5:7.
  - c. What was the problem? They didn't say NO.
  
2. There are some things we must say NO to. Read Galatians 5:19-21. Let's define them.
  - a. "*Adultery, fornication, uncleanness*" ... sexual immorality and impurity. These days, that can be pretty hard to stay away from, but you must learn to say NO! Discuss.
  - b. Do you waste way more time on the internet or your cell phone or iPad than you should? Isn't it easy to see or hear things a Christian shouldn't be looking at or listening to?

- c. What does the word “*lasciviousness*” mean? Indecent body movements, unchaste handling of the body. Where could this take place? Discuss. \_\_\_\_\_
- d. “*Idolatry and witchcraft.*” Idolatry is giving ultimate worth to someone or something other than God. Three common idols are popularity, pride, and the occult.
- 1) Why is it wrong to put so much emphasis on trying to please others?  
\_\_\_\_\_
  - 2) How does Peter encourage us to replace pride in 1 Peter 5:5? \_\_\_\_\_
  - 3) Do you read your horoscope often? Do you experiment with a Ouija board (a trademark for a board with letters and a pointer by which answers to questions are spelled out supposedly by spiritual forces)? What warning are we given in Leviticus 19:31?  
Discuss. \_\_\_\_\_
- e. “*Hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy.*” Do any of these have a place in your life? Discuss how these are wrong and how to say NO to them!
- 1) Hatred? \_\_\_\_\_
  - 2) Discord? \_\_\_\_\_
  - 3) Jealousy? \_\_\_\_\_
  - 4) Fits of rage? \_\_\_\_\_
  - 5) Selfish ambition? \_\_\_\_\_
  - 6) Dissensions? \_\_\_\_\_
  - 7) Factions and envy? \_\_\_\_\_
- f. “*Drunkenness, revellings, and such like.*” This set refers to the “party spirit”.
- 1) What does drunkenness mean? \_\_\_\_\_
  - 2) What does revellings mean? \_\_\_\_\_
  - 3) What does “and such like” mean? \_\_\_\_\_

3. Why would a Christian want to do any of these things anyway? Especially in view of what Paul says in the last part of Galatians 5:21. Discuss.

- a. What do you have to lose? \_\_\_\_\_

## CONCLUSION

1. NO is not so hard to say when you want to do what is right!

2. Read these passages: 1 Corinthians 10:13; John 14:15,16; 1 John 5:3. What do these passages of Scripture say? \_\_\_\_\_

\_\_\_\_\_

3. Now, you tell me ... is it so hard to say NO?

4. Say YES to things like those of Galatians 5:22,23. Then, you can hear the Lord say "yes" to you on the Day of Judgment! How? Define and discuss.

a. Love? \_\_\_\_\_

b. Joy? \_\_\_\_\_

c. Peace? \_\_\_\_\_

d. Longsuffering? \_\_\_\_\_

e. Gentleness? \_\_\_\_\_

f. Goodness? \_\_\_\_\_

g. Faith? \_\_\_\_\_

h. Meekness? \_\_\_\_\_

i. Temperance? \_\_\_\_\_

5. Say NO to sin.

It's Not So Hard to Say!



## Lesson 5 YOU'RE NEVER ALL ALONE!

Text: "I will never leave thee, nor forsake thee." Hebrews 13:5

### INTRODUCTION

1. Questions:
  - a. How long do you think you could take being totally alone? Discuss.
  - b. A better question to consider would be, how long can we last when life seems very lonely?
  
2. Let's talk about some situations where you feel all alone.
  - a. What about when your friends leave you or turn on you or against you?
  - b. What about when it seems you just can't please your parents ... ever?
  - c. What about when it seems the whole world is against you?
  
3. Loneliness, emptiness, isolation ... everybody has those feelings at times.
  - a. You can be lonely in a crowd at a ball game, can't you? How? Discuss.
  - b. Can't you feel lonely in school, or maybe even in Bible class?
  - c. Can't you feel like an outsider?
  
4. Have you ever felt funny ... not wanting to be left out but knowing that what your friends are about to do isn't right? Discuss.
  - a. Have you ever lost a good friend or a member of your family in death?
  - b. Have you ever felt miserable and depressed?
  
5. Well, if you have, there's good news! Cheer up! You're not all alone! Somebody cares!
  
6. Read Hebrews 13:5; Deuteronomy 31:6; Psalm 118-6,7.
  - a. What do these passages say? \_\_\_\_\_
  - b. How do they make you feel? \_\_\_\_\_
  
7. Sometimes we get to feeling that following Jesus gets a little lonely.
  - a. Sometimes we can get to thinking that nobody else in school, etc. wants to take serving God seriously.
  - b. Sometimes we can get to thinking we're the only one standing up for right!

8. If you're tempted to become discouraged ... and you have been at times, haven't you?
  - a. Then the life of Elijah will inspire you.
9. Let's take a look at some things we all need to know about "never being alone."

## DISCUSSION

### ONE WHO THOUGHT HE WAS ALL ALONE ... ELIJAH (1 KINGS 17:1)

1. Here was a man who prayed for a drought and got it, 1 Kings 17:1, who was fed by ravens and by a widow.
2. Here was a man who had a contest with some false prophets and won, 1 Kings 18:1.
3. Yet, when the king's wife, Jezebel threatened him with death, he suddenly felt all alone, 1 Kings 19:1-3.
  - a. Would you have been afraid?
  - b. Are you ever afraid that someday you'll just give in and follow the crowd?
4. Well, Elijah must have felt this way! Yet, he learned he wasn't the only one who still wanted to serve Jehovah, 1 Kings 19:18.
  - a. God is never overwhelmed when evil surrounds you.
  - b. Read Psalm 37:28. What does this verse tell you? \_\_\_\_\_
5. You see, Elijah forgot for a moment just how powerful and dependable God really is!
  - a. Do you ever forget this fact?
  - b. Can the presence of God, Psalm 139, be a source of encouragement to us? How? \_\_\_\_\_
  - c. Read and discuss Isaiah 41:10.
6. Now read Proverbs 16:7.
  - a. Elijah saw the principle of this verse in action as God went to great lengths to provide him with peace and quiet.
  - b. God protected him from Jezebel; He sent the whole Syrian army to keep Ahab occupied!

7. Yes, Elijah learned again, where to turn for help and encouragement!
  - a. Have you learned yet?
  - b. Have you learned already, but for one reason or another, forgot?
  
8. Let's refresh our minds on the fact that really, you're never all alone!

#### WHERE TO GO WHEN YOU'RE FEELING LONELY

1. Elijah learned his lesson! Have we?
  
2. Read Hebrews 12:12,13.
  - a. What do these verses mean? \_\_\_\_\_
  - b. What discourages you the most? \_\_\_\_\_
  - c. Do you ever come home from school completely discouraged, feeling as if all your teachers yell at you, your friends ignore you and your parents don't understand you, even though you're trying your hardest to do everything right? Discuss.
  
3. Read Galatians 6:9.
  - a. What does it mean to "grow weary"? \_\_\_\_\_
  - b. Why do we grow weary of doing good? \_\_\_\_\_
  - c. Who wins if we sit down and quit? \_\_\_\_\_
  - d. Who will stand up for what's right if God's people don't? \_\_\_\_\_
  
4. If you're the only Christian on the football team, or the only person who comes faithfully to Bible classes, etc., or the only one of your group at school who didn't go to the dance ... don't get discouraged!
  - a. Why?
  - b. Because that is exactly what the devil wants you to do! Discuss.
  - c. What 'I'm the only one' situations discourage you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  - d. Read 1 Thessalonians 3:13.

## CONCLUSION

1. We are never alone! The Lord is always with us! Read Romans 8:39 one more time.
2. Listen ... If God is for us, who cares who is against us! Read and discuss Romans 8:31.
  - a. You see, we can't lose when we stay with the Lord and with His people, and are guided by His Word!
3. Read Ephesians 6:17. Let's take up our swords and start marching for the Lord ... in our homes, our schools, our Bible classes, and in our worship services!
4. In the words of Psalm 107:2, "Let the redeemed of the Lord say so!"
5. Take great comfort from this truth ...

You're Never All Alone!